

Living with Leukemia/Lymphoma

Tips for Care



Keep your doctor informed about your treatment schedule.



Inform your doctor if you have fever, headache, body ache, diarrhoea or fatigue.



Talk to your doctor about any long-term side effects related to your treatment.



Have a balanced diet.



Maintain good oral hygiene.



Ensure that you do not miss any medicine doses.



Ensure that you attend follow-up appointments with your doctor.



Take medicines only on your doctor's advice.



Exercise / yoga according to your doctor's advice



Seek support from family and friends to cope better with your illness.



Avoid contact with people who are unwell.



Pursue your hobbies to stay active.

Lead Positive Life